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| Drug | Effects | Signs of addictions |
| Marijuana | harder for you to focus, learn, and  remember things  Heighten your senses (colors might seem brighter and sounds might seem louder)  Distort your sense of time  Hurt your motor skills and make driving more dangerous  Lower your inhibitions  May cause a person to feel anxious, afraid, or panicked | When not using a person becomes  irritable, restless, unable to [sleep](https://www.webmd.com/sleep-disorders/default.htm), and uninterested in eating.  Person dealing with addiction may seek a stronger “high” after developing a tolerance |
| Alcohol | Short term  Slurred speech  Drowsiness  Vomiting  Diarrhea  Upset stomach  Headaches  Breathing difficulties  Distorted vision and hearing  Impaired judgment  Decreased perception and coordination  Unconsciousness  Anemia (loss of red blood cells)  Coma  Blackouts (memory lapses, where the drinker cannot remember events that occurred while under the influence)  Long terms  Unintentional injuries such as car crash, falls, burns, drowning, firearm injuries, domestic violence  Increased on-the-job injuries and loss of productivity  Increased family problems, broken relationships  Alcohol poisoning  High blood pressure, stroke, and other heart-related diseases  Liver disease  Nerve damage  Sexual problems  Permanent damage to the brain  Vitamin B1 deficiency, which can lead to a disorder characterized by amnesia, apathy and disorientation  Ulcers  Gastritis (inflammation of stomach walls)  Malnutrition  Cancer of the mouth and throat | Exhibiting signs of irritability and extreme mood swings  Choosing drinking over other responsibilities and obligations  Becoming isolated and distant from friends and family members  Drinking alone or in secrecy  Feeling hungover when not drinking  Changing appearance and group of acquaintances you hang out with |
| Painkillers | * Constipation * Nausea * Vomiting * Dizziness * Confusion * Addiction * Unconsciousness * Respiratory depression * Increased risk of heart attack * Coma * Death | * Stealing, forging or selling prescriptions * Taking higher doses than prescribed * Excessive mood swings or hostility * Increase or decrease in sleep * Poor decision-making * Appearing to be high, unusually energetic or revved up, or sedated * Requesting early refills or continually "losing" prescriptions, so more prescriptions must be written * Seeking prescriptions from more than one doctor |